



## **COSTA RICA - Are you wondering what there is to do?**

Ylang Ylang Beach Resort in Montezuma, Costa Rica, offers diverse activities that cater to both adventure seekers and those looking for relaxation. The resort and surrounding areas blend adventure, nature, and relaxation, making it a standout destination for travelers seeking a holistic Costa Rican experience.

These will be available while we are on the property. It is suggested that you arrive and attend the Meet and Greet, where you can meet other guests and plan excursions together, alone, or with the group.

Here's a comprehensive review of the experiences you can enjoy during your stay.

Denotes [Free](#) / Additional cost \$ / [ETS](#) Exclusive / Complimentary by Exotic Travel Services

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### **Nature & Wildlife Exploration**

- **Montezuma Waterfalls:** [Free](#). Embark on a scenic hike to the renowned three-tiered Montezuma Waterfalls. The trail offers opportunities to swim in natural pools and, for the adventurous, cliff jumping.
  - **El Chorro Waterfall:** [Free](#) Visit one of our area's famous waterfalls, one of the seven waterfalls in the world that drops into the ocean. A beautiful walk along deserted beaches & through jungle trails.
  - **Cabo Blanco Nature Reserve:** [Free](#) / \$ Just a short drive away, this reserve is home to diverse wildlife, including howler monkeys, sloths, and over 150 bird species. Guided tours provide insights into the area's rich biodiversity.
  - **Wildlife Spotting:** [Free](#) Within the resort's lush grounds, guests frequently encounter iguanas, monkeys, agoutis, and a variety of bird species, making every stroll a potential wildlife adventure.
  - **Nature Walk with Patricia:** [ETS](#) Join Patricia, a long-time member of the Ylang Ylang team, on an enriching nature walk through the resort's grounds. Along the way, she shares the heartfelt story of how Ylang Ylang Beach Resort came to be—its evolution from humble beginnings to a beloved eco-destination. You'll also learn about the resort's sustainability initiatives, including their innovative water filtration system, which provides clean, safe drinking water using natural sand filtration and UV light technology. This walk offers a connection to nature and a deeper understanding of the resort's values and commitment to environmental stewardship.
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## Fire Dancing Performances

- **Eli Ocampo's Fire Show:** [ETS / Free](#) On Ylang Ylang's property. Experience the mesmerizing fire dancing performances by Eli Ocampo, a renowned fire artist trained at La Escuela Del Sol. Eli, also known as "Elly Montezuma," frequently showcases his skills in Montezuma, captivating audiences with his dynamic routines. Eli has performed for our group since 201

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## Cultural & Off-the-Beaten-Path Adventures

- **Cabuya Island Cemetery (Isla de Cabuya):** [ETS / \\$](#) A short drive or ATV ride from Montezuma, this unique island cemetery is accessible only during low tide via a natural rocky path. Used as a burial ground since the 1700s, it offers a serene and reflective atmosphere. Ylang Ylang keeps us updated on the tide schedules to ensure safe passage.
- **ATV Ride to Santa Teresa:** [ETS / \\$](#) Embark on an exhilarating ATV journey from Montezuma to the surf town of Santa Teresa. The route takes you through lush jungles, river crossings, and along scenic coastal paths. Along the way, you can stop at attractions like the Montezuma Waterfalls and the Cabuya Island Cemetery. Ensure you have a map and check tide schedules if planning to visit coastal spots.

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## Ocean & Beach Activities

- **Snorkeling at Tortuga Island:** [\\$](#) Take a boat tour to Tortuga Island, known for its clear waters and vibrant marine life. While the snorkeling experience can vary due to conditions like jellyfish presence, many find the trip enjoyable for its scenic beauty and beachside lunch.
- **Surfing Lessons:** [\\$](#) The waves around Montezuma are ideal for beginners. Local surf schools offer lessons to help you catch your first wave.
- **Horseback Riding:** [\\$](#) Enjoy a 3.5-hour ride along seven different beaches and jungle trails, culminating at El Chorro waterfall, one of the few waterfalls worldwide that drops directly into the ocean.

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## Sea Turtle Conservation Experiences

- **ASVO Sea Turtle Hatchery:** [Free](#) Located steps away from Ylang Ylang Resort, the ASVO (Asociación de Voluntarios para el Servicio en las Áreas Protegidas) Sea Turtle Hatchery offers visitors the chance to witness the release of baby turtles into the ocean, typically around 4:30 PM. This heartwarming experience allows you to see the dedicated efforts of volunteers who protect turtle eggs and ensure the hatchlings' safe journey to the sea.
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## Adventure & Wellness

- **Zip Line Canopy Tour:** \$ Experience the thrill of soaring through the jungle on nine zip-line cables totaling 1,320 meters. The tour includes a refreshing swim at the Montezuma waterfall.
- **Mal Pais Canopy Tour:** \$ Near the entrance of the Cabo Blanco Nature Reserve, there are eight zip-line cables with eleven platforms, including a suspension bridge, a Tarzan swing, and a zip-line on a surfboard.
- **Daily Yoga Classes:** \$ Ylang Ylang's serene studio overlooks the beach. Classes cater to all levels and are open to both guests and the public.
- **Spa Treatments:** \$ Ylang Ylang's resort spa offers a range of treatments, including massages and facials, set amidst the tranquil sounds of the jungle.

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## Live Music & Sound Healing

- **Local Musicians at Ylang Ylang:** ETS / Free Enhancing the resort's vibrant atmosphere, local musicians often perform on the property, offering guests a taste of Costa Rica's rich musical heritage. These performances range from traditional Latin rhythms to contemporary acoustic sets, providing an authentic and immersive cultural experience.
- **Sound Journey Sessions at Ylang Ylang:** ETS / Free. For a unique auditory experience, attend the Sound Journey sessions led by Patricia at Ylang Ylang. These sessions use instruments like Alchemy Crystal bowls, gongs, and chimes to provide healing and relaxation through immersive soundscapes.

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## Dining & Cultural Experiences

- **Included Meals:** Stays at Ylang Ylang include breakfast and dinner, featuring organic, locally sourced ingredients with options for various dietary preferences.
- **Exploring Montezuma Town:** Free / \$ A short walk from the resort, the town offers a vibrant arts scene, local markets, and many eateries.

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## Relaxation & Scenic Walks

- **Beach Walks:** Free. Take a leisurely 20-minute walk to Playa Grande, perfect for swimming and boogie boarding.
- **Resort Grounds:** Free Ylang Ylang resort's tropical gardens and beachfront setting provide ample opportunities for relaxation, whether by the pool or in a hammock under the trees.

There are other activities to do also - visit <https://ylangylangbeachresort.com/things-to-do-in-costa-rica-tours>



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